



The vigorous natural environment and the local residents weave a “**food culture**” of their own.



About The Hachinohe Area

A wide-area sightseeing zone that consists of eight municipalities; Hachinohe City, Sannohe District (Sannohe Town, Gonohe Town, Takko Town, Nanbu Town, Hashikami Town and Shingo Village), and Oirase Town in Kamikita District. The zone mainly focuses on Hachinohe City, the entrance of sightseeing in Aomori Prefecture.

【Menu】お品書き

The Three Biggest Brands of Meat

- 05 Kuraishi Beef VS Takko Beef
- 06 Horse Meat (Gonohe Town)
- 07 Aomori Shamorock Chicken

Seafood

- 08 Hachinohe Fatty Maeoki Ginsaba Mackerel Bowl
Hachinohe Bakudan
- 09 Pickled Flounder Bowl
Breakfast at Mutsuminato Morning Market
- 10 Fresh Sea Urchin Bowl / Sea Urchin Bowl
Ichigoni
(Soup made with sea urchin and abalone)
- 11 Seaweed Ramen / Sukikonbu
(Thin cuts of Konbu seaweed)
Hachinohe Ramen / Iso Ramen
- 12 The largest catch of squid in Japan
(Hachinohe City)
Hachinohe Sushi

- 13 Hachinohe Maeoki Saba (Mackerel)
Hachinohe Isaba Sushi

- 14 Winter activities in Hachinohe area!
Hachinohe Bouillabaisse Festa
* Winter Events / Enburi

- 15 Surf Clam (Oirase Town)

Local Sake and Side Streets

- 16 Local Sake / Visiting Sake Breweries
- 17 MAP of 8 Main Side Streets in the
City Center of Hachinohe

Introduction of The Hachinohe Area

- 18 The Hachinohe Area MAP
- 20 Treasure House / The Hachinohe Area
Sanriku Reconstruction National Park
National Treasures
- 22 Event Calendar
- 23 Seasonal Food Calendar

Fruits / Vegetables

- 25 Kitano Fruit Kingdom (Nanbu Town)
- 26 The Garlic Capital (Takko Town)

Shopping

- 27 Hasshoku Center
- 28 Tatehana Ganpeki Morning Market
Roadside Station

Northern Flour Dishes!

- 30 Hashikami Wase Soba Noodles
(Hashikami Town)
- 31 Kawagani Suiton (Sannohe Town)
- 32 Nanbu Senbei

Dairy

- 33 The origin of dairy farming in Aomori
Prefecture (Shingo Village)

Souvenirs / Traditional Items

- 34 The 5 Best Souvenirs!
- 35 Nanbu Quilted Cloth / Nanbu Weaving
/ Yawatauma

*All images are for illustrational purposes.

The information is valid as of February, 2018. Some contents may vary. We take no responsibility for any loss of profit or damage by the contents of this publication. Please contact each facility for the services mentioned in this publication.

*References / Sources : Hachinohe Furusato Kenrei Official Textbook